

Year group: Reception

Autumn 1 Topic: Marvellous Me



Redbridge Primary School

Reception

Summer holiday homework



Context: Our main focus for Autumn Term 1 is ourselves and transition. We will look at our bodies and how we can keep ourselves safe and well. This will include how to recognise and manage our emotions. We will also be thinking about which groups we belong to and how we can adapt to being in Year 1.

What you need to do:

In preparation for our new topic in September, please choose one or more of the following tasks:

- Make a model, split pin person or draw a picture of yourself and then write a description/ label the parts of the body/count how many of each body part you have.
- Use your 5 senses to explore different objects in and around your home/ local area.
- Explore ways to keep yourself safe or healthy and create a simple poster.
- Go to the library and find some fiction and non-fiction books about 'ourselves.'
- Make some play dough and practise making different faces and expressions. How many different emotions can you show?
- What are feelings? Write or draw about a time you've felt happy, sad, worried etc.
- Have some fun exploring body percussion- use your body to make a tune. Record yourself.
- Explore different shapes using your body.

Additional activities to choose from, not related to our new topic:

- Create a memory book about what you have done over the summer holidays.
- Read the Invisible String. Make a heart necklace and write the names of everyone you will miss in September on a heart. You can wear it when we return.
- Take a look at the DfE activity passport for Reception/ year 1.

Resources I may need

Play dough

Paper

Different objects

Pencils

Split pins

Books

String



What to include in your writing:

Finger spaces

Full stops

Capital letters

Correct letter formation

Joining word 'and'

Adjectives

Some Year 1 tricky words

Some questions to think about:

What makes me a marvellous me?

What groups do I belong to?

What do I enjoy doing?

What are the parts of the body and what are their jobs?

How many do I have of each?

What are the 5 senses?

How can I keep myself healthy?

How can I keep myself safe?

What different types of feelings are there and how can I deal with them?

We also ask you to:

-Practise counting, ordering numbers, adding and subtracting numbers to 10 reliably. (See Top marks, Numbots)

-Practise phase 2, 3 and 4 sounds (See Phonics play)

-Practise reading and writing Year 1 tricky words (see list)

-Read for pleasure ☺

-Develop your independence skills.



How an adult can help me:

Your adult can help you by researching about the topic and collecting the resources you will need to complete your activity. They can help you by asking questions and helping you to understand the meaning of words. They can also support you when editing your work.

How to make playdough: <https://www.bbcgoodfood.com/howto/guide/playdough-recipe>

Ideas/ activities to explore the 5 senses: <https://childhood101.com/sensory-play-ideas-five-senses/>

The Invisible String story book: https://www.youtube.com/watch?v=7pV3Y_gyiKE

Topmarks: <https://www.topmarks.co.uk/>

Phonics play: <https://www.phonicsplay.co.uk/>

Dfe activity passport: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/914731/My_Activity_Passport.pdf

Useful websites

