WEEK 1

WEEK COMMENCING: 19 APR / 10 MAY / 31 MAY / 21 JUNE / 12 JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Sausages with Mashed Potato & Gravy	Lamb Pasta Bolognese	Roast Chicken with Roast Potatoes & Gravy	Margherita Pizza (V)	Fish Fingers & Chips
Quorn Sausage with Mashed Potato & Gravy (V)	Cheese & Bean Fajita (V)	Roasted Soya Strips with Roast Potatoes & Gravy	Cheese & Tomato Penne Pasta (V)	Cheese & Tomato Quiche with Chips (V)
Vegetable & Lentil Bolognese with Penne Pasta	Roasted Vegetable Couscous	Jacket Potato & Cheese (V), Baked Beans, Tuna Mayo or Coleslaw (V)	Vegetable Biryani	Chickpea & Sweet Potato Shakshuka with Rice
Cheese Roll (V)	Tuna Mayo Sandwich	Cheese Wrap (V)	Egg Mayo Sandwich (V)	Fish Finger Bap
Sweetcorn & Broccoli	Peas & Roasted Mediterranean Vegetables	Carrots & Green Beans	Vegetable Medley & Sweetcorn	Peas & Baked Beans
Orange Drizzle Cake	Apple Crumble & Custard	Pineapple Upside Down Sponge	Frozen Strawberry Yoghurt	Shortbread Biscuit

WEEK 2

WEEK COMMENCING: 26 APR / 17 MAY / 7 JUNE / 28 JUNE / 19 JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lamb Meatballs in Tomato Sauce with Penne Pasta	Chicken & Vegetable Stir Fry with Noodles	Roast Turkey with Roast Potatoes & Gravy	Margherita Pizza (V)	Fish Fingers & Chips
Cheese, Potato & Red Onion Frittata with Jacket Wedges (V)	Quorn Burger in a Bun (V)	Vegetable Bean Chilli & Rice	Vegetable Chow Mein (V)	Tomato & Basil Puff with Chips (V)
Rajma Masala with Rice	Jacket Potato & Cheese (V), Baked Beans, Tuna Mayo or Coleslaw (V)	Vegetable & Sweet Potato Bake with Gravy (V)	Jacket Potato & Cheese (V), Baked Beans, Tuna Mayo or Coleslaw (V)	Mixed Vegetable & Chickpea Spicy Rice
Tuna Mayo Baguette	Cheese Sandwich (V)	Tuna Mayo Wrap	Egg Mayo Sub Roll (V)	Sticky Salmon Wrap
Carrots & Vegetable Medley	Sweetcorn & Cauliflower	Peas & Roasted Root Vegetables	Sweetcorn & Green Cabbage	Peas & Baked Beans
Vanilla Ice Cream	Apple & Berry Sponge	Strawberry Jelly	Fruity Flapjack	Pear & Vanilla Sponge

WEEK 3

WEEK COMMENCING: 3 MAY / 24 MAY / 14 JUNE / 5 JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Pasta Bake	Lamb Keema Curry & Rice	Roast Chicken with Roast Potatoes & Gravy	Margherita Pizza (V)	Fish Fingers & Chips
Quorn & Vegetable Stir Fry with Noodles (V)	Macaroni Cheese (V)	Mixed Vegetable & Butterbean Ragu with Roast Potatoes	Quorn Penne Pasta Bolognese (V)	Cheese & Tomato Whirl with Chips (V)
Tarka Dhal & Rice	Chickpea & Vegetable Tagine with Couscous	Jacket Potato & Cheese (V), Baked Beans, Tuna Mayo or Coleslaw (V)	Vegetable & Chickpea Jambalaya	Jollof Rice
Cheese Baguette (V)	Tuna Mayo Wrap	Cheese Sub Roll (V)	Egg Mayo Baguette (V)	Tuna Mayo Sandwich
Carrots & Green Beans	Peas & Cauliflower	Carrots & Green Cabbage	Sweetcorn & Broccoli	Peas & Baked Beans
Eve's Pudding & Custard	Frozen Strawberry Yoghurt	Mandarins with Orange Jelly	Berry Ripple Cake	Chocolate Cracknell

KEY

(V) Vegetarian

Plant Based Vegan Friendly

proudly supporting marine conservation society

Sustainably Caught Fish

Meat · Halal · Vegetarian · Fish · Alternative

DID YOU KNOW?

OR

All our Milk & Bread is Organic

Farm Assured

All our Meat is UK Farm Assured

Introducing your new menu

Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Before you read on, we'd also like to reassure you that our service is safe and has been carefully reviewed throughout the pandemic, with adjustments made where needed. Our catering teams have received training, to ensure they are following Government guidance at all times, and our local managers have assessed and will continue to review the service.

Thank you and please get in touch if you have any questions or suggestions!

Click here for Meal Ordering and Payment infomation

Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE

The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Check out this tasty sweet potato, lentil and chickpea curry recipe!

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!

Terrific Value

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!

CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.

FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.

Sophie Crosswaite, Nutritionist, shares her thoughts on the **value of school lunches**

CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

EVEN HEALTHIER & STILL DELICIOUS!

Charlotte Quick, Company Nutritionist, explains a little about **how we build our menus**

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%

WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.

THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!

CONTACT US:

- Payments and Meal Ordering
- Nutrition Guidance
- General Enquiries

FOLLOW US:

@ISS_Education

@ISSFoodServices